Dental appeal for “HIP Z” Zanzibar
Ike Fazal calls for help with a charitable cause...

Zanzibar ( “The Spice Island”) 80 Km off the coast of Tanzania, East Africa conjures up so many exotic images; white sandy beaches, warm turquoise seas, beautiful, old world Arab architecture, a mystical, long forgotten place, unspoilt, because time really stood still …

It is all that… but there is another side to Zanzibar, which brings a special kind of visitor… Dr Ru MacDonagh, a Consultant Urologist from Taunton, Dr Jon Rees, my doctor at Nailssea, Bristol; amongst several other medical professionals, who have a strong, innate desire to help others less fortunate than ourselves.

These doctors have been instrumental in setting up “HIP Z” (Health Improvement Project, Zanzibar), a British Charity in a joint venture agreement with the Ministry of Health, Zanzibar.

The singer Peter Andre is also now involved with HIP Z, helping to raise awareness of the lack of medical facilities and extremely low life expectancy on Zanzibar. See:http://www.dailymail.co.uk/tvshowbiz/article-2098246/Peter-Andre-visits-Zanzibar-mission-help-bring-better-healthcare-island.html

Development
Over the past few years HIP Z has grown to encompass organisation and management of two charity hospitals, which offer essential very low cost treatments for up to 250,000 of the islanders, who would otherwise be unable to afford surgical, maternity or other even basic primary health care.

“This is a really ambitious plan, one which I would like to assist and enable, as a UK-based dentist with East African origins and many fond childhood memories’

Retired Brighton based dentist Dr Ferroz Jafferji, originally from Zanzibar, returned to the island three years ago and linked up with old classmates to set up “OZ”, Outreach Zanzibar. http://outreachzanzibar.org

Joined forces
OZ has now combined forces with “HIP Z” to try and organise at least two new fully functioning dental clinics, based in both of the hospital locations in Zanzibar, to offer so many people a chance to have simple restorative dentistry, who would otherwise have no access to any dentistry, except perhaps the most basic form of pain relief.

This is a really ambitious plan, one which I would like to assist and enable, as a UK-based dentist with East African origins and many fond childhood memories.

Appeal for any redundant / useful dental items
May I appeal to all my dental colleagues, wherever you are, to donate in kind, any redundant dental items which may be surplus to your needs, be it small or large items of equipment, hand instruments, or all kinds of consumables (in date or even slightly out of date).

From previous experience when I appealed on behalf of “DENTAL HELP AFRICA” many years ago, we were overwhelmed with almost 600 parcels arriving from all over the UK, over two years!

We hope to better that this time, and also request most of you, who are generously donating whatever you feel has some use, to be kind enough and use your own packaging and postage in sending items to this worthwhile cause.

We do have “a man and a van” available, so are able to collect certain essential large equipment by mutual agreement, if you feel your items have some useful life and could contribute to “HIP ZANZIBAR” whose detailed wishlist for the Makunduchi & Kivunge Hospital Dental Clinics, Zanzibar (we need at least two of each item):

1 Complete Treatment centres (chair, spittoon, light and drill delivery system) something robust yet simple to maintain
2 Tridac / Cattani mobile aspirators
3 Cavitation scalers
4 Restorative hand instruments of all kinds: flat plastics, ball end hammers, amalgam packers, composite instruments, tweezers,序列 and bands, LA syringes etc. Essentially a gamut of instruments to make a fully functional restorative centre.
5 Intra Oral X Rays and small X ray developers (55 kVP upwards is acceptable)
6 Light curing units
7 Capsule mixers and amalgamators
8 Autoclaves e.g. LS Mk I and SES 2000
9 High speed turbines and contra angle handpieces
10 Surgeons’ and nurses’ stools
11 Oiled or oil free compressors
12 Consumable materials of all kinds; linings, restorative (filling) and impression materials, surgical sutures, dressings, gauges, root canal items, local anaesthetics items
13 Anything else dental that may be useful!

Sincere thanks in advance to all offers of help. I will post more pictures in due course of both clinics. Of course volunteers who wish to donate their time and skills are always welcome to apply.

Contact info
http://www.hipz.org.uk
Donation page: http://www.hipz.org.uk/donateHIPZ
UK registered charity no. 1115604

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